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**Next Generation North East Sport Coaching**

**About Us**

Next Generation NE Sport Coaching was established in May 2016 by Stephen Irving and Jordan Richardson.

Next Generation NE Sport Coaching are PE specialists who focus on delivering quality PE lessons to help increase sport provision within Primary schools in the North East.

We provide PPA Cover, CPD training, lunch time and after-school Clubs.

We also pride ourselves on building good relationships within schools with teachers and students, so that the quality of service we provide meets and exceeds a school's expectations.

From past experience we realised many schools had problems with companies who fail when regarding behaviour management. All our staff are trained to our high standards and we pride ourselves on our ability to control behaviour management when delivering PE lessons.

We offer over 13 different sports that could be beneficial to your PE provision within your school. These sports include, football, rugby, basketball, tennis, cricket, gymnastics, handball, volleyball, hockey, athletics, badminton, golf and multi skills.

Next Generation NE Sport Coaching have a yearly programme running from September to July working with both KS1 and KS2. This both benefits a student’s knowledge and their ability to develop new skills.

All staff are first aid trained and have attend safeguarding courses. In addition they hold UKCC Level 2 qualifications in various sports. Next Generation NE Sport Coaching are registered with local authorities and are fully insured, which can be seen on request.
**Stephen Irving – Profile**

Stephen Irving is the Lead Coach for Next Generation NE Sport Coaching. Stephen has extensive experience working for a sports coaching company working within schools in the Gateshead area. In addition, Stephen is qualified to UKCC Standard across a number of sports including (but not limited to); Football, Rugby Union, Athletics, Cycling, Tennis, Basketball, Badminton, Handball, Aquatics, Rounder’s, Golf, Gymnastics, Hockey, Archery and Volleyball.

Stephen has also worked with North Tyneside Council, Rugbytots, Grass Roots Sports Coaching, and Sport for Schools doing PPA and after school clubs. He also holds a BA Degree in Sport Management and Development. Stephen has a history of playing a high level of sport, in particular in Rugby Union and Cricket. He has recently turned his hand to Golf, displaying his enthusiasm to continue to learn about different sports.

**Jordan Richardson - Profile**

Jordan Richardson is the Business Development Manager, and coach, for Next Generation NE Sport Coaching Ltd. Jordan, a holder of the FA Level 2 Football Coaching award, has recently left his job as Associate Lecturer at Northumbria University (with teaching responsibility for BA Sport Coaching) to join this enterprise.

In addition to extensive football coaching experience (at both senior and junior football clubs) Jordan holds a BA (Hons) in Sport Development with Coaching, and a Master’s degree in International Sport Management.
Service Next Generation NE Sport Coaching Offers:

- Morning PPA Cover
- Afternoon PPA Cover plus After School Club
- Full Day PPA Cover
- Lunch Time Clubs
- CPD training

Sports & Activities we provide:

- Football
- Rugby
- Gymnastics
- Basketball
- Hockey
- Athletics
- Tennis
- Cricket
- Volleyball
- Badminton
- Handball
- Golf
- Multi Skills – Fitness, Balance, Agility, Co-ordination, Teamwork
- Fitness & Exercise Circuits
Football

Experience

Jordan Richardson is a holder of the FA Level 2 Football Coaching award and has enhanced experience coaching both children and adult football.

Stephen Irving is a holder of UKCC qualification in Football Coaching and has experience coaching football in primary schools and for a local club (Kingston Park FC).

What we can offer to your school for Football:

Key Stage 1

Skills focusing with Key Stage 2: Passing, Dribbling, Shooting, Tackling
Skill Development: Dynamic Movement, Communication, Decision Making, Footwork, Awareness, Confidence, Concentration, Teamwork, FUN.

Key Stage 2

Skills focusing with Key Stage 2: Passing, Dribbling, Shooting, Tackling, Teamwork
Skill Development: Agility, Balance, Turning, Control, Ball Control, Attack & Defence, FUN
Rugby Union (Tag)

Experience
Stephen Irving has played rugby since the age of 5 and has played county and National League Level for Percy Park RFC. Stephen holds a RFU & UKCC Level 2 in Coaching Rugby. Stephen coaches junior rugby at Percy Park RFC working with U7’s – U18’s.

What we can offer to your school for Rugby:

Key Stage 1

Developing their balance, agility and coordination. Learning basic movements such as catching and throwing a rugby ball, running and evading. Developing their personal and social skills by learning to work on their own and with others. Participating in individual and small sided challenges. Understanding and applying simple tactics

Key Stage 2

Ability to perform movement skills in isolation and combination. Personal and social skills through collaborating and communicating with each other. Evaluation in their performance and lead activities. Basic principles involved in attacking and defending. Tournament preparation.
Gymnastics

Experience

Stephen Irving has been a lead gymnastic coach in his previous job role at 5 different gymnastic clubs. Stephen has provided gymnastic lessons in primary schools across the North-East when providing PPA Cover.

What we can offer to your school for Gymnastics:

Key Stage 1

Developing Balancing skills as an individual and when in pairs, understanding different positions and shapes, developing skills such as Forward Rolls, Backward Rolls, Teddy Bear Rolls, Handstands, Cartwheels, and Headstands. Also developing different types of jumps and landing techniques and basic understanding of gymnastic equipment.

Key Stage 2

Building on developing basic skills and learning more advanced skills. Putting skills into routines and building an understanding of how to link skills and jumps into a routine. Also develop flexibility, strength, technique, control and balance. Develop understanding how to use gymnastic equipment such as springboards, beams, vault, crashmats.
Basketball

Experience

Stephen Irving is a UKCC qualified coach in Basketball. Stephen has delivered basketball within schools while providing PPA Cover and worked with Newcastle Eagles to promote basketball within the area.

What we can offer to your school for Gymnastics:

Key Stage 1

Master Basic Movements including passing, throwing and catching. Developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in Basketball, developing simple tactics for attacking and defending. They will develop skills in finding space and keeping control of a ball. Pupils will be introduced to the game of ‘Mini-Basketball’ and play games using the rules. They will learn simple attacking and defending tactics and use them in games with even or uneven sides.

Key Stage 2

Pupils will develop the ability to control and catch a ball and accurately pass a whilst moving. They will be able to take part in a conditioned game with understanding of tactics and rules. Pupils will learn to select and apply tactics for defending and attacking and advise others in the techniques of the games.
Hockey

Experience
Stephen Irving has a lot of experience when coaching hockey in schools. Stephen has worked providing hockey lessons in primary schools to work with both key stage 1 & 2 and prepare school teams for competitions.

What we can offer to your school for Hockey:

Key Stage 1
Get a basic understanding of rules and skills. Skills will include passing, dribbling, shooting and ball control. Students will participate in team games, developing simple tactics for attacking and defending.

Key Stage 2
Expand knowledge from key stage 1 continuing to develop on the basic skills linked to hockey. Mini- side games with rules added in to develop their knowledge and putting tactics into attacking and defending. Tournament/Competition preparation and working on teamwork and fair play.
Athletics

Experience

Stephen Irving is a UK Athletics Run Leader coach and has vast experience developing athletics in primary schools when providing PPA Cover.

What we can offer to your school for Athletics:

Key Stage 1

Children explore running, jumping and throwing activities. Experimenting with different ways of travelling, throwing and jumping, and increasing their awareness of speed and distance. We will concentrate on developing good basic running, jumping and throwing techniques. Set different challenges for distance and time. Combine skills learnt.

Key Stage 2

Focus on developing technical understanding of athletic activity. Set their own targets and improve their performance. Expand on knowledge gained from key stage 1 and get students to understand how to sustain their pace over longer distances, throw with greater control, accuracy and efficiency and perform a range of jumps showing power, control and consistency during both take-off and landing.
Tennis

Experience
Stephen Irving is a UKCC and LTA qualified coach in Tennis. Stephen played county for Northumberland and coached briefly at Churchill Tennis Club.

What we can offer to your school for Tennis:

Key Stage 1

Developing ABC of tennis (Agility, Balance, Co-ordination). Focus on the striking of the ball. Start to look at understanding the serve and how to hold a racket. Mini activities and games to develop skill and fundamental movement skills.

Key Stage 2

Build on technique, tactics and playing the game. Focusing on the key skills, such as striking the ball, serving, ball placement and rallies. Working towards improving hand eye co-ordination and footwork to get into positions to hit the tennis ball correctly.
Cricket

Experience
Stephen Irving is a UKCC and ECB qualified coach in Cricket. Stephen played cricket as a junior for Seaton Burn CC and helps out coaching with the junior section at Seaton Burn CC.

What we can offer to your school for Cricket:

Key Stage 1
Looking at developing and gaining an understanding of basic skills linked to cricket. Batting, bowling (under & over arm), catching and throwing are the key aspects key stage one will learn and develop, while focusing on hand eye co-ordination and other fundamental skills.

Key Stage 2
Build on the technique of batting and bowling. Build an understanding of fielding and positioning, indentifying where to place teammates on the cricket pitch. Start to learn and develop Kwik Cricket rules so that they are best prepared for tournaments.
Volleyball

Experience
Stephen Irving is a UKCC qualified coach in volleyball. Stephen has previous experience working in schools in North Tyneside, developing volleyball when providing PPA and CPD training in primary schools.

What we can offer to your school for Volleyball:

Key Stage 1

Fun activities to help develop a basic understanding of skills required when playing volleyball. Serving, setting, passing and blocking as well as learning rules in mini volleyball games. Skill development including hand and body position and ball control, which are the fundamental skills key stage 1 will begin to understand when learning to play volleyball.

Key Stage 2

Develop the basic skills learnt from key stage 1 by adding more advanced skills. Setting up, different types of passes, spiking, serving, blocking and ball placement when attacking will be the key features key stage 2 will begin to develop. Rules and game situations will help increase confidence and teamwork skills.
Badminton

Experience
Stephen Irving is a qualified coach UKCC standard in coaching badminton.

What we can offer to your school for Badminton:

Key Stage 1

Introduce basic shots focusing on forehand, backhand, overhead clear and serving. Footwork, body position, agility and co-ordination are factors to consider when learning these skills. Mini activities and games link these skills together making it fun for beginners to the sport.

Key Stage 2

Continue to develop basic shots and skills to increase performance and develop skills, such as court position and placement of the shuttlecock. This will enhance their knowledge of attacking and defence, as well as learning the rules of single badminton matches. Hand eye co-ordination and touch will be key aspects students will benefit from when taking part in badminton. Mini matches and drills will help student’s performance to the best of their ability.
Handball

Experience
Stephen Irving is an England Handball qualified coach in Handball and coached the university team while at university.

What we can offer to your school for Handball:

Key Stage 1

The basic skills of running, jumping, throwing and catching are required when learning Handball. Drills for these skills will help team work, balance, agility, co-ordination and knowledge, which can be used in any other traditional sport.

Key Stage 2

Will develop the ability to put those skills into ‘mini handball’ matches and learn England Handball rules, while developing fundamental skills which will improve their sporting ability.
Experience
Stephen Irving is a qualified PGA Golf coach and has experience coaching children golf in schools. Stephen is also an active playing member at Ryton Golf Club.

What we can offer to your school for Golf:

Key Stage 1 & 2

Focusing on chipping, putting, pitching and trident golf. Allows students to focus on timing, co-ordination, aim and having fun while playing mini drills, games and competitions. It also provides opportunities for pupils to apply their numeracy and literacy skills in PE.

In addition, it does not necessarily require athletic ability and can therefore be used to engage with semi-sporty or non-sporty children. This enables children of mixed abilities to easily participate together and provides a good introduction to hitting and striking as neither the participant nor the ball are moving.
Multi Skills

Key Stage 1 & 2

To make each child aware of the importance of Fundamental skills from a very early age. Using the exercises in the sessions will enhance their knowledge and ability but in a fun environment. With both Key stage 1 & 2 the sessions with multi skills will be focusing on games and activities which cover Balance, Agility, Co-ordination, Speed, Reaction Time.

Fitness & Exercise

Stephen Irving is an Active I.Q Level 2 Gym Instructor

Key Stage 1 & 2

Adapting to each year group, exercise and fitness circuits can be fun while focusing on doing activities which will get you fit. This is another type of activity which can be utilised throughout the term which will benefit the children physically, mentally and socially.
Next Generation NE Sport Coaching Services

- **Full Morning PPA Cover** (9am – 12pm)

- **Afternoon PPA Cover** (1pm – 3:30pm) depending on the schools finishing time, followed by after school club (3:30pm – 4:30pm)

- **Full day PPA Cover** (9am – 3:30pm)

- **Full day PPA Cover Plus Lunch time & After School club**

- **Full day PPA Cover Plus Lunch time or After School Club**

- **Lunch Time Club, Afternoon PPA Cover & After School Club**
Contact Us

If you require further information about our services, or are interested in our services and would like to meet up to discuss what we can offer your school, please contact us by the following contacts below:

1: Email: nextgenerationnesportcoaching@outlook.com

2: Stephen Irving
   Director/Owner
   Tel: 07505101293

3: Jordan Richardson
   Director/ Business Manager
   Tel: 07791752003